



Lion's Mane History


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Any Combination of MediMushrooms Capsules may be taken together.

100% Natural Product.

Lion's Mane

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| <p>Hericium Erinaceus "Brain Power Booster"</p>  <p><i>Manufactured under strict Pharmaceutical Control</i></p> | <p>Stimulates the brain function. Strengthens the nervous system to endure lack of energy, stress, exhaustion and strain. Enhances memory and concentration. Enables the stimulation of nerve growth factor. Speeds up overall recovery after illness or medical treatment. Delays the process of aging.</p> |
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General Info:

Lion's Mane (*Hericium erinaceus*) is one of the most famous mushrooms in oriental history and has been traditionally used as medicinal mushroom in China and Japan for centuries.

Lion's Mane is also known as Monkey's Head or Bear's Head thanks to the beautifully cascading long white tendrils hanging down from the solid rubber-like base. In China it is called Houtou, in Cantonese it is Hous Gu.

In Japan it is called Yamabushitake because of the resemblance to the ornamental cloth worn by monks, Yamabushi.

Its English common name is Hedgehog Fungus.

Legend tells us that the ones that regularly consume this mushroom would have the steel nerves and memory of a lion.



2.

This magnificent mushroom grows off the recently fallen deciduous broad-leaved trees, mostly oaks. Its white flesh is slightly ice-like translucent and rubbery when touched. The base is strongly attached to the tree trunk and it is difficult to remove it without the use of a sharp knife.

Lion's Mane is not just an edible mushroom, it is regarded a culinary delicacy and one of the four most famous Chinese dishes. The secret is to pick the mushroom at the right time. When prepared the texture reminds one of an octopus, squid or a lobster. It is delicious when sty-fried with oyster sauce or chopped cold in a salad with sesame oil and seaweed.

It has a rubbery texture if it is picked and cooked when too young; if too old it develops an unpleasant sour taste. Exquisitely enjoyable when prepared at the prime time.

The most outstanding and most valuable property of Lion's Mane is its ability to stimulate the synthesis of Nerve Growth Factor (NGF) and promote the process of myelination.

Increased production of NGF may enhance cognitive function and help to slow down the onset of dementia, brain dysfunction associated with Alzheimer's disease and various other neurological conditions.

Nerve Growth Factor (NGF) is effective in prevention of nervousness, forgetfulness and early aging process.

Numerous studies confirm a number of traditionally known beneficial properties of Lion's Mane in supporting and regulating the function of the digestive system and its tonic effect on the nervous system.

Clinical trial tests reveal that *Hericium Erinaceus* polysaccharides-HEP is effective as anti-tumor natural product by enhancing various immune system functions rather than attacking the tumor cells directly.

Studies confirm many of Lion's Mane traditional uses, such as supporting the function of cardiovascular system, lowering blood pressure and serum cholesterol, strengthening the respiratory system, acting as a digestive tonic when indigestion and constipation problems occur.

Nutritional Components:

Polysaccharide

Hericenones

Protein

Amino acid (especially Glutamic acid – 0.6422mg/g)



3.

Bioactive Properties and Health Benefits:

- Alzheimer's disease and various other neurological conditions – stimulates the activity of the syntheses of Nerve Growth Factor (NGF) which may enhance cognitive function and help to slow down the onset of dementia, brain dysfunction associated with Alzheimer's;
- Anti-tumor effect – strengthens the immune system in fighting the growth of tumor cells;
- Cardio-vascular tonic - supports the function of cardiovascular system, lowering blood pressure and serum cholesterol;
- Digestive tonic – improves the function of the gastro-intestinal system improving digestion and preventing constipation; effective at treating stomach and duodenal ulcer as well as chronic atrophic gastritis;
- Nervous system tonic – strengthens nervous system to ensure the stress and exhaustion endurance;
- Immune system booster – speeds up the overall recovery after illness or medical treatment;
- Anti-aging effect – improves memory, prevents forgetfulness and stimulates the brain function.

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